



Family
BiOmega™ Jr.



A delicious burst of omega-3s to support healthy growth and development

USANA's BiOmega Jr. omega-3 supplement delivers a healthy amount of the omega-3 fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), along with vitamin D, in a creamy orange-pineapple flavoured gel.

THE BENEFITS OF BIOMEGA JR.

Omega-3 fatty acids assist in many actions throughout the body, which is especially important for children up to 12 years of age. Our bodies require omega-3 fatty acids, especially DHA, to help support the development of the brain, eyes, and nerves while supporting cognitive health and brain function.

The ingredients found in BiOmega Jr. help in the absorption and use of phosphorus, which is necessary in the prevention of osteoporosis. While osteoporosis isn't necessarily a concern for children, it's important to recognize it early in life. That's why calcium intake, when combined with sufficient amounts of vitamin D and a healthy diet, may reduce the risk of osteoporosis.

THE SCIENCE OF BIOMEGA JR.

Developing a healthy body early in life can have long-term, positive effects. Some research suggests that early nutrition can have lifelong health effects. That's why getting enough omega-3s can help in the development and maintenance of teeth. It can also help prevent vitamin D deficiency, which helps in developing and maintaining bones.

One serving of BiOmega Jr. provides 350 mg of EPA and 230 mg of DHA omega-3 fatty acids. (See nutrition information for total fat, saturated fat, and cholesterol content.)

THE USANA DIFFERENCE

A quality supplement like USANA's BiOmega Jr. can make it fun and easy for kids to get the DHA and EPA needed for healthy minds and bodies without taking a supplement full of added sugar. Unlike many popular brands that supply only small amounts of omega-3s, BiOmega Jr. supplies a valuable amount of highly absorbable DHA and EPA in a delectable orange-pineapple flavoured gel with no fishy taste. With 1,000 IU of added vitamin D, BiOmega Jr. also supports developing bones and overall good health. Packaged in single-serve packets, kids will love having BiOmega Jr. every other day, and parents will love how convenient it is to give their kids a healthy supplement either straight from the packet or mixed into yogurt or other creamy foods. For best results, store in the refrigerator and serve cold.

ITEM #144

RECOMMENDED USE: HELPS SUPPORT THE DEVELOPMENT OF THE BRAIN, EYES, AND NERVES IN CHILDREN UP TO 12 YEARS OF AGE. A SOURCE OF OMEGA-3 FATTY ACIDS, EICOSAPENTAENOIC ACID (EPA) AND DOCOSAHEXAENOIC ACID (DHA) FOR THE MAINTENANCE OF GOOD HEALTH. / **USAGE RECOMMANDÉ:** FAVORISE LE DÉVELOPPEMENT CÉRÉBRAL, OCULAIRE ET NERVEUX CHEZ LES ENFANTS JUSQU'À 12 ANS. UNE SOURCE D'ACIDES GRAS OMEGA-3, D'ACIDE EICOSAPENTAENOÏQUE (AEP) ET D'ACIDE DOCOSAHÉXAÉNOÏQUE (ADH) POUR PRÉSERVER LA SANTÉ.

RECOMMENDED DOSE: AGES 4-12 YEARS - TAKE ONE (2.5 g) PACKET EVERY OTHER DAY, WITH OR WITHOUT FOOD. SERVE CHILLED FOR AN EVEN BETTER TASTE. / **DOSE RECOMMANDÉE:** ENFANTS DE 4 À 12 ANS - PRENDRE 2.5 g, SOIT LE CONTENU D'UN SACHET, AUX DEUX JOURS, AVEC OU SANS NOURRITURE. SERVIR FRAIS POUR UN GÔÛT ENCORE MEILLEUR.

EACH PACKET CONTAINS AT THE TIME OF MANUFACTURE: / AU MOMENT DE LA FABRICATION, CHAQUE SACHET CONTIENT :

MEDICINAL INGREDIENTS:	
INGRÉDIENTS MÉDICINAUX :	
FISH OIL	2000 mg
HUILE DE POISSON	
OMEGA-3 FATTY ACIDS	650 mg
ACIDES GRAS OMEGA-3	
EPA	350 mg
AEP	
DHA	230 mg
ADH	
VITAMIN D3 (25 µg, CHOLECALCIFEROL)	1000 IU
VITAMINE D3 (25 µg, CHOLECALCIFÉROL)	

NON-MEDICINAL INGREDIENTS: WATER, EGG YOLK, ASCORBIC ACID, ORANGE FLAVOUR, PINEAPPLE FLAVOUR, STEVIA REBAUDIANA LEAF, CANOLA OIL, SODIUM ASCORBATE, VITAMIN E, CITRIC ACID ANHYDROUS, POTASSIUM SORBATE, SODIUM BENZOATE, BETA-CAROTENE, XANTHAN GUM, L-MENTHOL. / **INGRÉDIENTS NON MÉDICINAUX :** EAU, JAUNE D'ŒUF, ACIDE ASCORBIQUE, ARÔME D'ORANGE, ARÔME D'ANANAS, FEUILLE DE STEVIA REBAUDIANA, HUILE DE CANOLA, ASCORBATE DE SODIUM, VITAMINE E, ACIDE CITRIQUE ANHYDRE, SORBATE DE POTASSIUM, BENZOATE DE SODIUM, BÉTA-CAROTÈNE, GOMME DE XANTHANE, L-MENTHOL.

CONTAINS: PASTEURIZED EGG YOLK. / CONTIENT : JAUNE D'ŒUF PASTEURISÉ. KEEP OUT OF REACH OF CHILDREN. REFRIGERATE AFTER OPENING. STORE IN AN AIRTIGHT CONTAINER, PROTECTED FROM LIGHT. / GARDER HORS DE LA PORTEE DES ENFANTS. RÉFRIGÉRER APRÈS OUVERTURE. CONSERVER DANS UN CONTENANT HERMÉTIQUE, À L'ABRI DE LA LUMIÈRE.

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