

DIRECTIONS: TAKE ONE (1) TABLET DAILY,
PREFERABLY WITH FOOD.

Supplement Facts

SERVING SIZE: 1 TABLETS

AMOUNT PER SERVING %DV*	
VITAMIN D3 (AS CHOLECALCIFEROL)	2000 IU 500%
VITAMIN K (AS MENAQUINONE MK4 & MK7)	30 µg 40%

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE,
PREGELATINIZED STARCH, CROSCARMALLOSE SODIUM,
ASCORBYL PALMITATE, SILICON DIOXIDE, DEXTRIN,
DEXTROSE, LECITHIN, SODIUM CITRATE.

LABORATORY TESTED, QUALITY GUARANTEED. MEETS
USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND
DISINTEGRATION WHERE APPLICABLE.

**KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR
PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING
A PRESCRIPTION DRUG, OR HAVE A MEDICAL
CONDITION. IF YOU EXCEED THE ESTABLISHED
UPPER LIMIT (UL) OF 2000 IU/D FOR VITAMIN D
INTAKE, REGULAR BLOOD TESTS FOR VITAMIN D AND
CALCIUM STATUS ARE SUGGESTED.**

THERE IS A SAFETY SEAL UNDER THE CAP. DO NOT USE
IF THE SAFETY SEAL IS BROKEN OR MISSING.

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