

SoyaMax™

Significant daily protein supplement in a convenient, vanilla-flavored drink mix

Foods

Health Basics

- Naturally low glycemic
- 24 grams of soy protein per serving
- Dairy free†
- Vegan

Did You Know?

- You can add **SoyaMax™** to your baked goods or sprinkle on cereal!



ITEM# 200

*Like animal protein, soy protein provides all the essential amino acids. However, it contains very little fat and no cholesterol. Amino acids are the basic building blocks of muscle. Therefore, protein is essential for maintenance, repair, and growth of lean muscle. Naturally low glycemic, **SoyaMax™** soy protein drink mix is an outstanding source of low-fat, cholesterol-free, vegetarian protein and is easily digestible.*

Soy and Heart Health

Cardiovascular disease is the leading cause of death in the United States, with a death occurring every 36 seconds, or more than 2,300 every day. Twenty-five grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A single serving of **SoyaMax** supplies 24 grams of soy protein.

Soy Isolate Benefits

SoyaMax is formulated with soy protein isolate, which contains small amounts of many essential minerals, as well as other important compounds such as isoflavones. Isoflavones may support bone health by retaining calcium.*

SoyaMax can also be added to cereals, baked goods, soups, and sauces to fortify the protein content.

References

- Henkel J. FDA Consumer (www.fda.gov/tdac/features/2000/300_soy.html) May-June 2000.
- Kanazawa T, et al. J Nutr 1995;125(3 Suppl):639S-646S.
- Breslau NA, et al. J Clin Endocrinol Metab 1988;66:140-06.

*†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.