Optimizers

From the Lab

A powerful antioxidant, curcumin from turmeric helps support joint health. Traditionally, curcumin has poor bioavailability, which means very high levels of this important compound must be included in supplements for effectiveness. Results of a recent study conducted, in part, by USANA scientists were published in the Journal of Natural Products, which revealed Meriva, the new curcumin phytosome used in Procosa, dramatically increases human absorption of curcumin, delivering the same effectiveness at a much lower dose.

Reference

Structure of a synovial joint

Bone
Articular cartilage
Periosteum
Synovial membrane
Joint capsule

Why Procosa®

Procosa is USANA’s formula for joint health. We combine 1500 mg of high-quality, vegetarian glucosamine HCl—a dose shown to be effective—with a blend of important vitamins and minerals, including Meriva bioavailable curcumin complex. Meriva is an innovative phytosome that delivers water-soluble curcumin wrapped in fat-soluble soy lecithin, which more easily crosses cell membranes for dramatically improved stability and absorption. In addition, vitamin C and curcumin provide antioxidant defense against cell-damaging oxidative stress.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.