



ITEM #128

## Palmetto Plus™

### Science-based supplement for men that supports long-term prostate health\*

As men age, many are at risk for developing prostate problems. However, a healthy diet and exercise, coupled with targeted, standardized botanical extracts specifically formulated for prostate health, can help men stay healthy as they age. **Palmetto Plus™** is an all-natural, comprehensive formula that, over time, may provide long-term support for prostate health.\*

#### Saw Palmetto

Saw palmetto has a long history of use in helping retain a healthy prostate. Considerable clinical research has shown that about 80 to 90 percent of men using saw palmetto show a positive correlation between saw palmetto and prostate health.\*

#### Lycopene and Soy Isoflavones

**Palmetto Plus** is a combination of saw palmetto, lycopene, and soy isoflavones, which have been shown to assist in retaining prostate health.\*

Lycopene is the most abundant carotenoid (vitamin-like compound) found in the prostate and may play a role in supporting a healthy prostate by enhancing immune function and providing antioxidant protection. Soy isoflavones, a group of phytochemicals found in soybeans, have been shown to help maintain health functions throughout the body.\*

#### Why Palmetto Plus™?

USANA is one of only a few major manufacturers to combine saw palmetto with lycopene and soy isoflavones in a single product. **Palmetto Plus** is a convenient, effective way to obtain a comprehensive men's health formulation at a reasonable price.\*

#### References

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- Cardiovascular Health
- Cellular Metabolic Health
- Skeleton/Structural Health
- Endocrine Health
- Brain/Nervous Health
- Digestion/Detox Health
- Immune Health

