



ITEM# 135
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HepaPlus™



The liver is the body's second largest organ and the largest gland. Everything we eat, breathe, and absorb through our skin is filtered through the liver, which performs many complex functions crucial for life. It manufactures many important blood proteins; assists in the conversion of fats, amino acids, vitamins, and minerals into more usable forms; makes important structural components, including cell membrane compounds; filters toxins from blood; and stores many vitamins and minerals, including iron and B12. **HepaPlus™** was formulated to provide a unique blend of antioxidants to help support healthy liver function.

Milk Thistle Extract

Used as a natural remedy to support liver health for over 2,000 years, milk thistle is used by the liver to protect against oxidative stress. Additionally, it stimulates liver detoxification pathways and has strong antioxidant properties thought to help strengthen and protect liver cells.¹² As an antioxidant, milk thistle helps increase the amount and the activity of several antioxidant enzyme systems that are involved in the detoxification process, such as SOD (superoxide dismutase) and the glutathione peroxidase system. The active phytochemicals in milk thistle may also stimulate protein synthesis in liver cells, which helps to regenerate them.¹⁵

Alpha Lipoic Acid

Alpha lipoic acid is easily transported across cell membranes to provide support to the important enzymes both inside and outside the cell. As ALA is both water and oil-soluble, it is thought to help regenerate both water- and oil-soluble antioxidants. Also, as a metal-chelating agent, it may assist in removing some heavy metals from your body.⁸

Turmeric Extract

Turmeric, the powdered root of the plant *Curcuma longa* L., is a member of the ginger family native to India and Southeast Asia. It contains curcumin and related compounds known as curcuminoids, which have significant antioxidant properties.^{7,10}

Choline

Choline is an essential nutrient related to the water-soluble B-complex vitamins. It is synthesized in the body, as well as consumed in the diet, and is necessary for the function of every cell. Choline plays a major role in membrane structure and integrity, lipid and cholesterol transport, and brain function. It is a constituent of phosphatidylcholine, which is a component of cell walls and membranes. Choline is also involved in fat and cholesterol metabolism and transport, and aids in fat metabolism and transport away from the liver.

Why HepaPlus™?

The unique formulation of **HepaPlus** helps to combat oxidative stress in the liver with a powerful blend of antioxidants, including green tea extract and broccoli concentrate. With close to 200 mg of high quality, highly bioavailable milk thistle extract contained in a daily dosage, **HepaPlus** provides comprehensive support for the liver and in the maintenance of general well-being.

USANA's **HepaPlus** employs breakthrough **Nutritional Hybrid Technology** to bring you this unique formulation with the new bilayer tablet, which allows two unique formulations to be combined into one tablet while remaining distinctly separated, and ensures formulation stability.

HepaPlus is laboratory tested, quality guaranteed. Meets British Pharmacopoeia specifications for potency, uniformity and disintegration where applicable.

Using HepaPlus™

Take three (3) **HepaPlus** tablets daily, preferably with meals.

EACH TABLET CONTAINS:	
SILYBUM MARIANUM (MILK THISTLE) FRUIT EXTRACT	80 mg
EQUIVALENT TO DRY FRUIT	5.6 g
STANDARDISED TO SILYMARIN	64 mg
OLEA EUROPAEA (OLIVE) FRUIT EXTRACT*	15 mg
EQUIVALENT TO FRESH FRUIT	675 mg
CAMELLIA SINENSIS (GREEN TEA) LEAF EXTRACT	15 mg
EQUIVALENT TO DRY LEAF	420 mg
CHOLINE BITARTRATE	125 mg
R,S-ALPHA-LIPOIC ACID	67 mg
CYSTINE	55 mg
BRASSICA OLERACEA VAR. ITALICA (BROCCOLI) FLOWER POWDER	25 mg
INOSITOL	25 mg
CURCUMIN†	1.35 mg
BIOTIN	75 µg

*USANA OLIVOL™ PROTECTED UNDER US PATENTS 6,358,542 OR 6,361,803. FROM 7.5mg MERIVA® BIOAVAILABLE CURCUMIN.MERIVA® IS A TRADEMARK OF INDENA S.p.A

USANA
HEALTH SCIENCES



Optimizers
Micronutrition
Digestive Health

HepaPlus™

- Liver tonic
- Supports healthy liver function and normal detoxification processes
- Provides a unique blend of antioxidants
- Helps maintain general health and well-being
- Vegetarian safe

References

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4. Medina J, et al. *Drugs* 2005;65(17):244-61.
5. Flora K, et al. *Am J Gastroenterol* 1998;93(2):139-43.
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7. Sreejayan Roa MN. *J Pharm Pharmacol* 1994;46: 1013-1016.
8. Nair S, et al. *J Assoc Physicians India* 1998;46(8):708-10.
9. Balasubramanyam M, et al. *J Biosci* 2003;28(6):715-21.
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Vitamin supplements should not replace a balanced diet.

USE ONLY AS DIRECTED. ALWAYS READ THE LABEL.

