THE BASICS

Gentle Daily Cleanser

This mild, soap-free formula washes away surface dirt and impurities without drying or irritating the skin. Enhanced with green-tea extract, Gentle Daily Cleanser soothes and moisturizes with aloe and clary sage.

Hydrating Toner

Wipe away lingering surface impurities after cleansing and restore skin’s pH balance with this gentle revitalizing toner. The gotu kola and coneflower in Hydrating Toner refine and brighten skin’s appearance while green-tea and whole-grape extracts help combat the effects of daily stress.

Daytime Protective Emulsion

Restore moisture and support the skin’s natural renewal process with this lightweight moisturizer enriched with light-activated Regenisomes™. Many natural plant extracts boost Daytime Protective Emulsion’s benefits: aloe delivers concentrated moisture, plankton guards against the drying effects of the sun, gotu kola and coneflower help skin look firmer, and Irish moss softens the skin.
Night Renewal Crème

Wake up to younger looking skin with this hydrating overnight crème. DSR™ Technology and penetrating Regenisomes™ help combat the signs of aging and visibly refine the skin. Whole-grape and green-tea extracts help combat the effects of daily stress. Rich in vitamin E, Night Renewal Crème brightens the complexion with coneflower and gotu kola and softens the skin with Irish moss and shea butter.

THE ENHANCERS

Serum Intensive

This unique blend of alpha- and beta-hydroxy acids reduces the appearance of fine lines and wrinkles, unclogs pores, and diminishes uneven skin tone. DSR Technology helps keep skin looking youthful and firm. The whole-grape and green-tea extracts in Serum Intensive also calm environmental effects on the skin. Ideal for oily skin.

Perfecting Essence

Fight the appearance of aging and reduce uneven skin tone and texture with this acid-free refining treatment. DSR Technology, along with the bearberry leaf and licorice root found in Perfecting Essence, provide brightening compounds for a visible improvement in the look and feel of the skin. Generally safe for sensitive skin.

Ingredients:


Dermatologist/Allergy/Clinically Tested.
Eye Nourisher

Care for the delicate skin around the eye with this lightweight, moisturizing complex enriched with shea butter and Irish moss. Regenisomes and DSR Technology rejuvenate skin and reduce the appearance of fine lines and wrinkles. Eye Nourisher also contains soy to help retain moisture, gotu kola and coneflower to brighten the skin, and whole-grape and green-tea extracts to help refresh the skin.

Rice Bran Polisher

Exfoliate dead skin cells and keep your complexion looking radiant with papaya enzyme, beta-hydroxy acids, and rice bran beadlets in this gentle scrub. Rice Bran Polisher delivers moisture with kuki nut oil, while gently exfoliating for a natural glow.

Nutritious Crème Masque

Nutritious Crème Masque is a powerful facial treatment that is designed to deliver intense moisture while drawing excess oils and impurities from the skin. Powerful natural emollients, shea, and mango butter deposit a rich blend of lipids, and pure china clay removes impurities and leaves the skin feeling firm.

Ingredients:


Ophthalmologist/Dermatologist/Allergy/Clinically Tested.

Ingredients:

- Water (Aqua), SD Alcohol 40-B, Stearic Acid, Glycereryl Stearate, Oryza Sativa (Rice) Bran Wax, Oryza Sativa (Rice) Bran, Cetyl Esters, Glycine Soja ( Soybean) Oil, Glycerin, Magnesium Aluminum Silicate, Undecylenoyl Glycin, Aminomethyl Propanol, Capryloyl Glycine, Acrylates Copolymer, Glycerin, Disodium EDTA, Pentylene Glycol, Tetrahexyldecyl Ascorbate, Aleurites Moluccana Seed Oil, Sorbitol, Glycerin, Proline, Disopropyl Dimer Dilinoleate, Tocopherol Acetate, Vitis Vinifera (Grape) Fruit Extract, Camellia Sinensis Leaf Extract, Echinacea Angustifolia Extract, Centella Asiatica Extract, Quillaja Saponaria Bark Extract, Salvia Scirra (Clary) Extract, Yucca Schidigera Root Extract, Sea Salt, Squalane, Butylene Glycol, Calcium PCA, Salicylic Acid, Magnesium Ascorbyl Phosphate, Manganese PCA, Papain, Glycine Soja ( Soybean) Protein, Aloe Barbadensis Leaf, Retinyl Palmitate, Tocopherol, Oryzanol, Avena Sativa (Oat) Kernel Flour, Herbal Fragrance (Containing Natural Oils).

Dermatologist/Allergy/Clinically Tested.

Ingredients:

- Water (Aqua), Glyceryl Stearate, Dicaprylyl Maleate, Kaolin, Stearyl Alcohol, Glycerin, C12-15 Alkyl Benzoxate, Cetearyl Alcohol, Titanium Dioxide, Magnesium Aluminm Silicate, Cetearyl Ethyhexanoate, Cetyl Lactate, Xanthan Gum, Pentylene Glycol, Magnesium Ascorbyl Phosphate, Tetrahexyldecyl Ascorbate, Capryl Glycol, Disodium EDTA, Diisopropyl Dimer Dilinoleate, Ethyhexyglycerin, Butylene Glycol, Tocopherol Acetate, Glycerin, Hexylene Glycol, Proline, Centella Asiatica Extract, Echinacea Purpurea Extract, Sodium PCA, Magnesium PCA, Camellia Sinensis Leaf Extract, Echinacea Angustifolia Extract, Quillaja Saponaria Bark Extract, Salvia Scirra (Clary Sage) Extract, Vitis Vinifera (Grape) Fruit Extract, Yucca Schidigera Root Extract, Butyrospermum Parkii (Shea Butter), Mangifera Indica (Mango) Seed Butter, Sea Salt, Sodium Hydroxide, Zinc PCA, Calcium PCA, Copper PCA, Tocopherol, Manganese PCA, Glycine Soja ( Soybean) Protein, Vegetable Oil, Bisabolol, Capryloyl Glycine, Glycerin Laurate, Retinyl Palmitate, Undecylenoyl Glycine, Oryzanol, Citrus Fragrance (Containing Natural Oils).

Dermatologist/Allergy/Clinically Tested.
Wash away impurities and revitalize your skin with this soap-free cleansing gel infused with botanical extracts. Energizing Shower Gel moisturizes skin with jojoba seed and avocado oils and softens with Irish moss and mallow.

Cleanse your hair with this gentle shampoo that delivers vital nutrients to help restore natural softness, body, and shine. Wheat protein, panthenol, and vitamin E in Revitalizing Shampoo promote a healthy scalp, while aloe provides penetrating moisture. Safe for all hair types, including chemically processed and colour-treated hair.

Moisturize, protect, and strengthen hair with this conditioner enriched with vitamins C and E, hydrolyzed silk, and panthenol for extra manageability and shine. Wheat protein helps to mend split ends as Nourishing Conditioner restores moisture with aloe and soothes environmental effects with whole-grape and green-tea extracts. Safe for all hair types, including chemically processed and colour-treated hair.
**Firming Body Nourisher**

Sweep away dry skin with this firming moisturizer. The exclusive hydroxy complex, shea butter, Irish moss, and mallow in Firming Body Nourisher deeply hydrate as soy protein delivers vital nutrients. Coneflower and gotu kola maintain elasticity, and whole-grape and green-tea extracts help combat the effects of daily stress such as dry skin.

**Intensive Hand Therapy**

Fight the damaging effects of the environment that cause dry skin and keep hands and cuticles soft with this concentrated hand cream. Cocoa and shea butters, apricot kernel oil, aloe, and beeswax lock in moisture as Intensive Hand Therapy refines with mulberry and bearberry leaf and protects with green-tea and whole-grape extracts.

**Ingredients:** Water (Aqua), C12-15 Alkyl Benzoate, Glyceryl Stearate, Stearic Acid, Cetyl Alcohol, Glycolic Acid, Glycerin, Butylene Glycol, Dimethicone, Caprylic/Capric Triglyceride, Glycerol Laurate, Polyacrylate-13, Undecylenyl Glycine, Magnesium Aluminum Silicate, Polysobutene, Caprylic Glycine, Xanthan Gum, Polysorbate 80, Sorbitan Stearate, Pentylene Glycol, Butyrospermum Parkii (Shea Butter), Disodium EDTA, Polysorbate 20, Glycerin, Proline, Salicylic Acid, Sea Salt, Camellia Sinensis Leaf Extract, Centella Asiatica Leaf Extract, Chondrus Crispus (Carrageenan) Extract, Echinacea Angustifolia Extract, Sambucus Nigra Flower Extract, Vitis Vinifera (Grape) Fruit Extract, Malva Sylvestris (Mallow) Extract, Calcium PCA, Bisabolol, Ceramide 3, Magnesium Ascorbyl Phosphate, Magnesium PCA, Manganese PCA, PPG-12/SMDI Copolymer, Retinyl Palmitate, Squalane, Tetrahexyldecyl Ascorbate, Disopropyl Dimer Dilinoleate, Tocopherol Acetate, Glycine Soja (Soybean) Protein, Hyaluronic Acid, Tocopherol, Oryzanol, Citrus Fragrance (Containing Natural Oils).
Whitening Toothpaste
USANA's natural solution for a healthy smile

The USANA lifestyle involves all aspects of your health, including your teeth and gums. Neglecting your oral hygiene can have drastic effects on your dental health and quality of life. Dental problems resulting from inadequate dental care range from tooth decay to periodontal disease. Poor dental health is not inevitable. There are several steps you can take to maintain healthy teeth and gums.

**AVOID SUGARY FOODS**
Good dental health begins with a good diet. Foods high in refined sugars and starches can be harmful to teeth and gums. A first step in tooth decay is the formation of acid produced through bacterial sugar metabolism. This acid can eat away at a tooth’s protective surface (enamel) in as little as 20 minutes after eating and eventually lead to cavities. Bacteria are the culprits behind gum disease. Without proper brushing and flossing, bacteria can accumulate on the teeth. These sticky bacteria may release toxins, which damage the gums through inflammation and infection.

**BRUSH AND FLOSS OFTEN**
Brushing your teeth for two minutes at least twice a day will help to remove the film of plaque bacteria from your teeth that causes cavities. Flossing every day, before you brush, will help remove the bacteria and food particles from between teeth, where a toothbrush cannot reach.

**GET REGULAR DENTAL CHECK-UPS**
Visit your dentist twice a year for a check-up and tooth cleaning. A dentist checks for signs of tooth decay and oral cancer. And professional cleaning of your teeth will remove any plaque buildup that is left after you brush and floss.

**WHY WHITENING TOOTHPASTE?**
USANA’s Whitening Toothpaste can be the foundation of an advanced oral health regimen. It contains several key ingredients that will help maintain your healthy smile. Whitening Toothpaste contains ingredients to remove plaque to clean teeth and also fight bacteria to control bad breath. Antioxidants and vitamin complexes help promote healthy teeth and gums while silica lifts stains without bleach or harsh abrasives. And vegetable glycerin from vegetable oils moisturizes gums.

Whitening Toothpaste is also unique for what it doesn’t contain. This refreshing mint toothpaste contains no artificial colours, artificial flavours, or artificial sweeteners.

**USING WHITENING TOOTHPASTE**
Brush your teeth with Whitening Toothpaste for two minutes at least twice daily.