



Digestive

Digestive Enzyme

Enzyme-containing digestive support supplement



The Digestive Enzyme supplement supplies enzymes to help you digest your meals more efficiently and alleviate the sense of fullness after a large meal or bloating associated with digestion. Now with added artichoke extract, this unique formula also helps provide relief from occasional digestive issues.

THE BENEFITS OF DIGESTIVE ENZYME

Our body naturally produces enzymes to digest the foods we eat, but certain factors, including age or food sensitivities, may reduce our ability to digest foods efficiently. This can lead to stomach upset. Eating large meals can also cause mild indigestion.

Although eating a varied, healthy diet usually provides us with some enzymes to supplement those naturally made by the body, many of us don't eat the way we should. And without a sufficient amount of functioning enzymes in our body, good digestive health may be impaired, which can lead to indigestion as well as a reduction in the amount of nutrients we are able to absorb from our foods.

USANA's Digestive Enzyme is a digestive aid that supplies supplemental enzymes to help break down the foods we eat so the body receives the nutrients it needs to function properly. The added artichoke extract further helps support healthy digestion.

THE SCIENCE OF DIGESTIVE ENZYME

Enzymes play an important role in human health. Many researchers over the last century have maintained that a loss of digestive enzymes may be a significant contributing factor to poor health as we age. This is likely partially because our food is not being broken down and we do not receive all the nourishment that we need from what we eat.

- Alpha-amylase supports the digestion of starch.
- Bromelain, protease, and papain support the digestion of protein.
- Lactase assists in the digestion of foods containing lactose (e.g., milk) and helps with symptoms of lactose intolerance (including gas, bloating, and cramping).
- Lipase supports the breakdown of fats.
- Cellulase supports the digestion of cellulose, which usually comes from plant materials.

Artichoke extract has been used in herbal medicine to help digestive disturbances, such as dyspepsia.

THE USANA DIFFERENCE

Supplementing with Digestive Enzyme can increase enzyme levels for optimal digestive efficiency. It is designed to support more complete digestion and absorption of macronutrients. The addition of artichoke extract makes USANA's formula unique in the supplement industry.

ITEM #111

RECOMMENDED USE: DIGESTIVE AID. / **USAGE RECOMMANDÉ :** FAVORISE LA DIGESTION.

RECOMMENDED ADULT DOSE: TAKE ONE (1) TABLET THREE TIMES A DAY WITH A MEAL. SWALLOW WHOLE. DO NOT CRUSH OR CHEW. KEEP OUT OF THE REACH OF CHILDREN. KEEP TABLETS IN ORIGINAL CONTAINER WITH THE LID TIGHTLY CLOSED BETWEEN USES. STORE IN A COOL, DRY PLACE. / **DOSE RECOMMANDÉE POUR ADULTES :** PRENDRE UN (1) COMPRIMÉ TROIS FOIS PAR JOUR AVEC UN REPAS. AVALER EN ENTIER. NE PAS ÉCRASER NI MÂCHER.

GARDER HORS DE LA PORTÉE DES ENFANTS. CONSERVER LES COMPRIMÉS DANS LE CONTENANT ORIGINAL AVEC LE COUVERCLE BIEN FERMÉ ENTRE LES UTILISATIONS. CONSERVER DANS UN ENDROIT FRAIS ET SEC.

EACH TABLET CONTAINS:

MEDICINAL INGREDIENTS

ARTICHOKE (CYBARA CAROLINENSIS L.) 25 mg
ALPHA-AMYLASE (3,000 DU) 33 mg
BROMELAIN (750,000 PU) 25 mg
PROTEASE (15,000 HUT) 25 mg
LIPASE (350 LPU) 17.5 mg
LACTASE (1,000 ALU) 11.5 mg
PAPAIN (250,000 PU) 5 mg
CELLULOSE (130 CU) 3.25 mg

CHAQUE COMPRIMÉ CONTIENT :

INGRÉDIENTS MÉDICINAUX

ARTICHOKE (CYBARA CAROLINENSIS L.) 25 mg
ALPHA-AMYLASE (3 000 DU) 33 mg
BROMELAÏNE (750 000 PU) 25 mg
PROTÉASE (15 000 HUT) 25 mg
LIPASE (350 LPU) 17,5 mg
LACTASE (1 000 ALU) 11,5 mg
PAPAÏNE (250 000 PU) 5 mg
CELLULOSE (130 CU) 3,25 mg

NON-MEDICINAL INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELOSE SODIUM, PREGELATINIZED STARCH, ASCORBYL PALMITATE, SILICON DIOXIDE, DEXTRIN, VANILLA EXTRACT, DEXTROSE, SOY LECITHIN, SODIUM CITRATE. / **INGRÉDIENTS NON MÉDICINAUX :** CELLULOSE MICROCRISTALLINE, CROSCARMELOSE SODIQUE, AMIDON PRÉGÉLATINISÉ, PALMITATE D'ASCORBYLE, DIOXYDE DE SILICIUM, DEXTRINE, EXTRAIT DE VANILLE, DEXTROSE, LÉCITHINE DE SOJA, CITRATE DE SODIUM.

NO ANIMAL-DERIVED INGREDIENTS: AUCUN INGRÉDIENT D'ORIGINE ANIMALE.

USANA HEALTH SCIENCES, INC. SALT LAKE CITY, UTAH 84120

DISTRIBUTED BY: / **DISTRIBUÉ PAR :** USANA CANADA COMPANY
80 INNOVATION DRIVE, WOODBRIDGE, ONTARIO L4H 0T2

THERE IS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SEAL IS BROKEN OR MISSING. STORE BELOW 25 °C / CE FLAÇON EST SCÉLÉE. N'UTILISEZ PAS LE COUVERCLE DE SÉCURITÉ EST ENDOMMAGÉE OU ABSENTE.

CONSERVER À UNE TEMPÉRATURE INFÉRIEURE À 25 °C.

RECOMMENDED DURATION OF USE / DURÉE D'USAGE RECOMMANDÉE :
MADE IN USA / FABRIQUÉ AUX É.-U. 111.020101 LB.000410

FOR PROLONGED USE, CONSULT A PHYSICIAN. DO NOT USE IF YOU ARE ALLERGIC TO PLANTS OF THE ASTERACEAE/COMPOSITAE/ Daisy FAMILY. DO NOT USE IF YOU HAVE A BILE DUCT OBSTRUCTION. KNOWN ADVERSE REACTIONS: NAUSEA, VOMITING AND DIARRHEA HAVE BEEN KNOWN TO OCCUR, IN WHICH CASE DISCONTINUE USE AND CONSULT A PHYSICIAN. HEADACHES, HEARTBURN, BLOATING AND HYPERSENSITIVITY/ ALLERGY HAVE BEEN KNOWN TO OCCUR, IN WHICH CASE DISCONTINUE USE. CONSULT A PHYSICIAN PRIOR TO USE IF YOU ARE PREGNANT OR BREASTFEEDING. YOU HAVE GALLSTONES, YOU HAVE GASTROINTESTINAL LESIONS/ULCERS, ARE TAKING ANTICOAGULANT AGENTS OR ANTI-INFLAMMATORY AGENTS, OR ARE HAVING SURGERY, YOU HAVE DIABETES, YOU HAVE AN ALLERGY TO LATEX OR FRUITS (SUCH AS AVOCADO, BANANA, CHAMPIGNON, MELON, MANGO, KIWIFRUIT, PEACH AND TOMATO), YOU ARE TAKING ANTIBIOTICS. CONSULT A PHYSICIAN IF SYMPTOMS PERSIST OR WORSEN. / POUR UN USAGE PROLONGÉ, CONSULTEZ UN MÉDECIN. NE PAS UTILISER CE PRODUIT EN CAS D'ALLERGIE AUX PLANTES DE LA FAMILLE DES ASTÉRACÉES/COMPOSÉES/MARGUERITES. NE PAS UTILISER CE PRODUIT EN CAS D'OBSTRUCTION DES VOIES BILIAIRES. RÉACTIONS INDÉSIRABLES CONNUES : CÉSSÉZ D'UTILISER CE PRODUIT ET CONSULTEZ UN MÉDECIN DANS LES CAS SUIVANTS QUI ONT ÉTÉ RAPPORTÉS : NAUSEE, VOMISSEMENT ET DIARRHÉE. CÉSSÉZ D'UTILISER CE PRODUIT DANS LES CAS SUIVANTS QUI ONT ÉTÉ RAPPORTÉS : MAUX DE TÊTE, BRÛLURES D'ESTOMAC, BALLONNEMENT ET HYPERSENSIBILITÉ OU ALLERGIE. AVANT D'UTILISER CE PRODUIT, CONSULTEZ UN MÉDECIN DANS TOUS LES CAS SUIVANTS : VOUS ÊTES ENCEINTE OU ALLAITÉZ, VOUS SOUFFREZ DE CALCULS BILIAIRES, VOUS AVEZ DES LÉSIONS OU ULCÈRES GASTRO-INTESTINAUX, VOUS PRENEZ DES AGENTS ANTICOAGULANTS OU ANTI-INFLAMMATOIRES OU AVANT UNE OPÉRATION CHIRURGICALE, VOUS SOUFFREZ DE DIABÈTE, VOUS ÊTES ALLÉRGIQUE AU LATEX OU À CERTAINS FRUITS (AVOCADE, BANANE, CHÂTAIGNON, FRUIT DE LA PASSION, FIGUE, MELON, MANGUE, KIWIFRUIT, ANANAS, PÊCHE ET TOMATE), VOUS PRENEZ UN ANTIBIOTIQUE. CONSULTEZ UN MÉDECIN SI LES SYMPTÔMES PERSISTENT OU S'AGGRAVENT.

THERE IS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SEAL IS BROKEN OR MISSING. / CE FLAÇON EST SCÉLÉE. N'UTILISEZ PAS LE CONTENU SI LA FERMETURE DE SÉCURITÉ EST ENDOMMAGÉE OU ABSENTE.

LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY AND DISINTEGRATION, WHERE APPLICABLE. / CE PRODUIT EST TESTÉ EN LABORATOIRE ET SA QUALITÉ EST GARANTIE. CONFORME AUX NORMES USP EN MATIÈRE DE PUISSANCE, D'HOMOGENÉITÉ ET DE DESINTEGRATION, LE CAS ÉCHEANT.

References

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Digestion/Detox

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