THE BENEFITS OF PROFLAVANOL C®

Our modern lifestyles are full of threats to our health. Pollution, fatty diets, and UV exposure all can result in excessive oxidative damage to our cells, while chronic stress, exposure to pathogens, or even intense exercise can tax our immune system.

Proflavanol C® is produced using USANA’s cutting-edge Nutritional Hybrid Technology, which combines 100 mg of grape seed extract and 300 mg of vitamin C into one pill. This powerful combination is designed to help protect your health in a number of ways:

- Helps in the development and maintenance of bones, cartilage, teeth, and gums
- Helps prevent vitamin C deficiency
- Helps the body metabolize fats and proteins
- Vitamin C helps in connective tissue formation
- Helps wound healing

THE SCIENCE BEHIND PROFLAVANOL C®

Proanthocyanidins, a subclass of bioflavonoids found in blue and purple berries and also concentrated in wine, have long been considered the “master antioxidant,” as it not only actively neutralizes free radicals but also helps regenerate other antioxidants as well. Working together in Proflavanol C®, vitamin C and grape seed bioflavonoids provide powerful antioxidant protection to help you maintain good health.

Consumption of red wine, which contains proanthocyanidins, is believed to be one of the factors that contribute to the “French Paradox”—the relatively low rates of heart disease that exist in France, despite a diet high in saturated fat.

Your immune system is an incredibly complex and intricate protective mechanism designed to shield your body against billions of viruses, toxins, and harmful bacteria. And when your shield is weak, your body is at risk. Vitamin C is also a factor in many aspects of good health. Vitamin C helps in the development and maintenance of bones, connective tissue, teeth, and gums. It aids wound healing, and it helps the body metabolize fats and proteins. Because human bodies are incapable of manufacturing vitamin C, it must rely on our diet to satisfy our daily requirement.

One type of connective tissue supported by vitamin C is collagen, which is integral to skin’s elasticity and firmness. Collagen tends to start breaking down as we age, and oxidative stress caused by UV exposure can accelerate this process, leading to visible wrinkles, sagging, and unwanted pigmentation.

THE USANA DIFFERENCE

A unique supplement made with USANA’s innovative Nutritional Hybrid Technology, Proflavanol C® combines the highest quality grape seed extract with the free-radical quenching power of USANA’s Poly C vitamin C blend, which effectively raises levels of vitamin C in the body for a longer period of time than equal amounts of ascorbic acid only (ascorbic acid is the most common form of vitamin C used in other supplements). Combining the two nutrients into one supplement provides your body with powerful nutrients that can help you maintain good health.

References