

# MEGA ANTIOXIDANT

DIETARY SUPPLEMENT 112 TABLETS  
AUST L 162582

A MULTIVITAMIN SUPPLEMENT TO ASSIST IN MAINTAINING GENERAL WELL-BEING. ALSO CONTAINS ANTIOXIDANTS AND FREE-RADICAL SCAVENGERS.

**DIRECTIONS:** ADULTS, TAKE FOUR (4) TABLETS DAILY, PREFERABLY TWO (2) IN THE MORNING AND TWO (2) IN THE EVENING WITH MEALS.

## EACH TABLET CONTAINS:

BETACAROTENE	2.25 mg
VITAMIN C (325 mg ASCORBIC ACID) FROM: CALCIUM ASCORBATE 204.1 mg, POTASSIUM ASCORBATE 138.8 mg, MAGNESIUM ASCORBATE MONOHYDRATE 61.2 mg, ZINC ASCORBATE 4.1 mg	
VITAMIN D3 (200 IU: CHOLECALCIFEROL)	5 µg
VITAMIN E (100 IU: D-ALPHA TOCOPHERYL ACID SUCCINATE)	82.6 mg
NATURAL MIXED TOCOPHEROLS CONCENTRATE (LOW-ALPHA TYPE)	28.3 mg
VITAMIN K (PHYTOMENADIONE)	15 µg
VITAMIN B1 (THIAMINE HYDROCHLORIDE)	6.75 mg
VITAMIN B2 (RIBOFLAVINE)	6.75 mg
NICOTINAMIDE	7.5 mg
VITAMIN B3 (NICOTINIC ACID)	2.5 mg
VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE)	8 mg
FOLIC ACID	125 µg
VITAMIN B12 (CYANOCOBALAMIN)	50 µg
BIOTIN	75 µg
CALCIUM PANTOTHENATE	25 mg
RUTIN	30 mg
QUERCETIN	6 mg
CITRUS BIOFLAVONOIDS EXTRACT	17.1 mg
HERBAL EXTRACTS EQUIVALENT TO:	
OLIVE ( <i>OLEA EUROPAEA</i> ) FRESH FRUIT*	168.75 mg
GREEN TEA ( <i>CAMELLIA SINENSIS</i> ) DRY LEAF	37.5 mg
BILBERRY ( <i>VACCINIUM MYRTILLUS</i> ) FRESH FRUIT	25 mg
POMEGRANATE ( <i>PUNICA GRANATUM</i> ) FRESH FRUIT	125 mg
CINNAMON ( <i>CINNAMOMUM CASSIA</i> ) DRY TWIG BARK	10 mg
CURCUMIN	3.75 mg
INOSITOL	37.5 mg
CHOLINE BITARTRATE	25 mg
CYSTEINE HYDROCHLORIDE	25 mg
BROMELAINS	12.5 mg
R,S - ALPHA-LIPOIC ACID	5 mg
UBIDECARENONE (COENZYME Q10)	3 mg
LUTEIN	150 µg
LYCOPENE	75 µg
BROCCOLI ( <i>BRASSICA OLERACEA</i> ) FLOWER POWDER	3.75 mg

VITAMIN SUPPLEMENTS SHOULD NOT REPLACE A BALANCED DIET. DO NOT TAKE WHILE ON WARFARIN THERAPY WITHOUT MEDICAL ADVICE. CONTAINS SORBIC ACID AND SODIUM BENZOATE.

BOTTLE SEALED UNDER CAP FOR YOUR PROTECTION. DO NOT USE IF THE SAFETY SEAL IS BROKEN OR MISSING.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

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SEE BASE FOR EXPIRY DATE & BATCH NUMBER